The term new-addictions are referred to those new forms of dependence, much discussed in recent years, which is not involved in any chemicals that create physical dependence but in which there is a strong psychological dependence, which leads to constant search of ‘object. Among the syndromes dependence “drug-free” [1] we are: eating disorders, gambling, compulsive shopping, internet use, sexual hyperactivity, the problematic use of video games and other technologies. The gambling disorder is defined as a behavioral addiction, classified in the new diagnostic manual DSM-V under the new category “Substance-Related and Addictive Disorders” [2]. It was noted that many diagnostic criteria are common between the gambling disorder and substance abuse as: the continued exposure to the game/drugs despite the negative effects, the craving [3], the development of tolerance, withdrawal symptoms [4], repeated attempts to quit and relapse [5]. The gambling disorder is a psychiatric disorder emerging that has recently gained much attention because of its increasing prevalence and the consequences for personal, family and social relationships that cause devastating. In gambling disorder [6], are considered individual vulnerability and environmental factors; between the individual factors of note are the neuro-psycho-biological alterations with consequent alteration of the systems of gratification and a reduction in prefrontal [7] control pulse. Today, we know that the reward and motivation are primarily controlled by the limbic system, a set of brain areas involved in the genesis of emotions and in the processes of learning and memory. Numerous studies have allowed us to understand how alterations in some neurotransmitter systems may lead to changes in the system of reward and gratification [8]. Among the environmental factors [9] you must take into account the social, economic and often promotes gambling addiction (family relations problems, substance abuse and/or alcohol, divorce, insecurity, unemployment). From a social point of view individuals with gambling disorder have a high risk of being compromised personal financial that result negatively in the family and work, whose epilogue is in serious crimes related debts through gambling [10], and/or even request loans strenuous [11]. The latter aspect has been treated well by the Drug Policy Department who it said that there was from 2005 to 2011 an increase of 161% of the instances of access to the bottom wear linked to the phenomenon gambling disorder. Finally, it is necessary to point out that very often the gambling disorder is associated with the use of drugs, alcohol abuse. The presence of psychiatric conditions and high rates of suicidal ideation and suicide attempts [12]. Even family members of the players are involved in a destructive spiral. It was shown that the spouses of pathological gamblers are more likely to get into a nervous breakdown or give in to alcohol or other drugs [13].

From the scientific literature emerges as this disease is reflected strongly in the family because it is the patient’s pathological behavior unhealthy (burglary, debts, financial) and the continuous lies to family compromising married life that results frequently in divorce. What, though, can seem like a problem that belongs to the private sphere, is also due to extreme hardship for the company as it is not uncommon for the Gamblers the impulse to perform illegal acts in order to maintain the activity of the game. It is well known, such as pathological...
Gamblers begin to manifest misconduct, irrational and self-injurious to fund their addiction: loans from family members, bank loans, theft and in extreme cases loans from moneylenders; also it can trigger a dangerous spiral on the floor working, both for work and for the frequent absences of the same neglect risking a progressive social descent. In recent years, gambling lawful went to see major changes as a result of the policies adopted (L. 184/2008), determining an increase, without taking into consideration the adverse side effects resulting from this increased availability. This literature shows that gambling disorder is a social issue of great importance as gamblers reveal uncomfortable situations up to a picture of loneliness and despair. At the individual level [14], you have health problems, both physical and mental. Physical problems such as withdrawal syndromes with abdominal pain, tremors, headaches and stress symptoms such as peptic ulcers, high blood pressure, migraines, allergies and mental problems include [15] depression, anxiety, antisocial personality disorders, suicide attempts, and addictions to drugs and alcohol. The disease is also associated with reduced labor productivity, an increase of offenses (fraud and theft), to economic difficulties, which can lead, not infrequently, the demand for loans or sometimes strenuous, suicide. At the interpersonal level, they highlight relational problems between the gamblers and the family environment with risk of divorce, abandonment of the family, domestic violence. Finally, at the community level, there is a decrease in work productivity, an increase in expenditure of public health both medical and pharmacological to provide treatment services, counseling and other types, and an increase in incidents of crime.

From this picture just described, we can be in agreement with the World Health Organization that the gambling disorder defines as “a morbid form clearly identified and that, in the absence of appropriate measures for information and prevention, may be, because of its distribution, a ‘authentic social disease.”

Keywords: Gambling, Physical problems, Mental problems, Social consequences, Legal consequences

Author Contributions
Mariassunta Crusco – Substantial contributions to conception and design, Acquisition of data, Analysis and interpretation of data, Drafting the article, Revising it critically for important intellectual content, Final approval of the version to be published
Francesco Massoni – Analysis and interpretation of data, Revising it critically for important intellectual content, Final approval of the version to be published
Eleonora Luzi – Analysis and interpretation of data, Revising it critically for important intellectual content, Final approval of the version to be published
Max Rapp-Ricciardi – Analysis and interpretation of data, Revising it critically for important intellectual content, Final approval of the version to be published
Serafino Ricci – Analysis and interpretation of data, Revising it critically for important intellectual content, Final approval of the version to be published

Guarantor
The corresponding author is the guarantor of submission.

Conflict of Interest
Authors declare no conflict of interest.

Copyright
© 2015 Mariassunta Crusco et al. This article is distributed under the terms of Creative Commons Attribution License which permits unrestricted use, distribution and reproduction in any medium provided the original author(s) and original publisher are properly credited. Please see the copyright policy on the journal website for more information.

REFERENCES